



Technical sheet for mentors



4. MY PROGRESS CHECKER

Mentorvention Phase	Dimension	Duration (mins)	Number of participants (min/max)
Extension meeting	Monitoring & Adapting	45 mins	2-5
Learning-2-Learn dimension elements	<ul style="list-style-type: none"> - Evaluating progress - Adapting strategies - Growing from mistakes - Attributing success to effort - Developing persistence, seizing opportunities, gaining access with help and over time 		
Tags	learn to learn, check progress, adaptive learning, adjusting learning strategies, efficient learning, mentoring		

The aim of the activity

The aim of this activity is to help you check your progress, evaluate how your learning is connected to the tasks that you do, and how this affects your motivation.

Preparation

make sure the mentees are informed ahead of time to bring their learning stock market and learning map from the Application phase.

Application





UPSIM Mentoring Tool

Ask the mentees to take out their language learning stock market, which they have created during the application phase.

Tell them that they will be evaluating their learning based on their learning stock market. Each circle will present their language stock market and the group will ask questions and compare with their own experience. Use the question handout to base the dialogues on.

At the end of the session, they will reevaluate and adjust their learning maps, which they prepared at the beginning of the Application phase.



Direct link to the activity handout on the learning platform

<https://upsim.aidlearn.eu/en/>





Activity tool

Sit in your mentor circle, and take turns to present your language stock market from the Application Phase.

Now take another look at the learning map that you created during the Application Phase.

Get together with your group, and take turns to talk about the questions below:

1. What has worked well for you and needs to stay the same?
2. What has hindered you and needs to be changed?
3. Discuss your conclusions with your circle and help each other come up with the strong and weak points in your learning map.
4. Take the time to make the adjustments in your learning map.

