



## Technical sheet



### 9. MY LANGUAGE LEARNING STOCK MARKET

Activity Title	My Language Learning Stock Market
<b>L2L dimensions</b>	<p><b>Self-awareness</b></p> <ul style="list-style-type: none"> <li>- What am I able to do?</li> <li>- What do I need to get better at?</li> </ul> <p><b>Initiative &amp; Ownership</b></p> <ul style="list-style-type: none"> <li>- Understanding my learning limitations &amp; possibilities</li> <li>- Taking responsibility for my own learning</li> </ul> <p><b>Engaging &amp; Management</b></p> <ul style="list-style-type: none"> <li>- Understanding my learning strategies and how they affect my learning</li> <li>- Check my own progress</li> </ul> <p><b>Monitoring &amp; Adapting</b></p> <ul style="list-style-type: none"> <li>- How did my approach change what I did?</li> <li>- Adapting what I do for future learning</li> </ul>
<b>Activity summary</b>	This activity will help you check your progress, evaluate how your learning is connected to the tasks that you do, and how this affects your motivation.

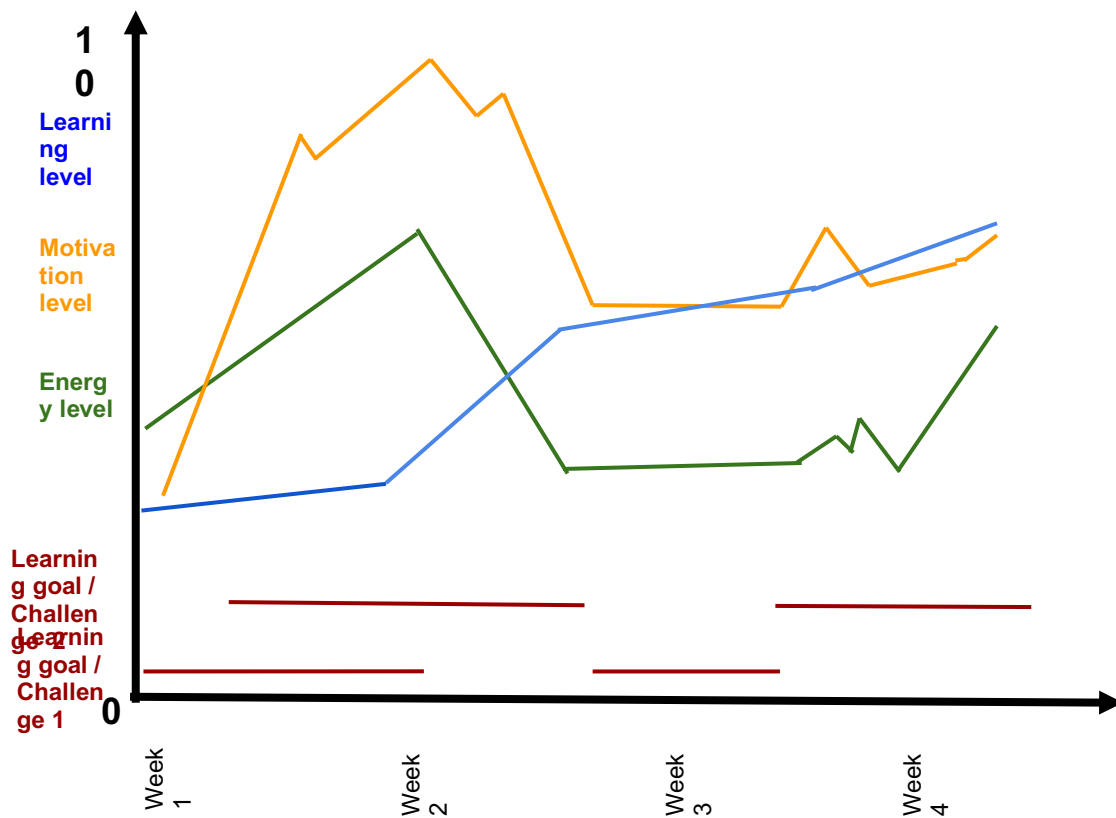




## Activity tool

Once a week, set aside some time to take note of your learning. Draw a graph, like the one below, and put a little dot where you think your energy, motivation and learning have been on a scale from 0-10. (0=worst 10=best) Use a different colour line for each category. (see below for example) At the bottom of the graph, include the types of activities you have chosen to carry out. Perhaps it was focused on reading, presenting content to a group of your peers, or writing a formal letter. Draw a line to show the time period in which you prepared, studied and carried out these activities.

At the end of the period which you have set for yourself, connect the dots and complete the evaluation questions below. This will help you evaluate how your learning is connected to the tasks that you do, and how this affects your motivation.





### Evaluation/Reflections:

1. What type of learning activity have you been carrying out?
2. What happens to your learning curve, when you compare it to;
  - a. Type of learning challenge
  - b. Level of motivation
  - c. Level of energy
3. When do you learn well, and when do you find it difficult? Understanding your learning curve can help you adjust the strategies you use. What happens to your energy and motivation levels when your learning curve is going up/down?
  - a. What do you need to do more of?
  - b. What type of learning strategies did you use and what happened when you did?
  - c. What do you need to adjust or change?
4. What are the consequences or results so far in fulfilling your task/ learning goals?

