Technical sheet

7. MAPPING MY ARENAS

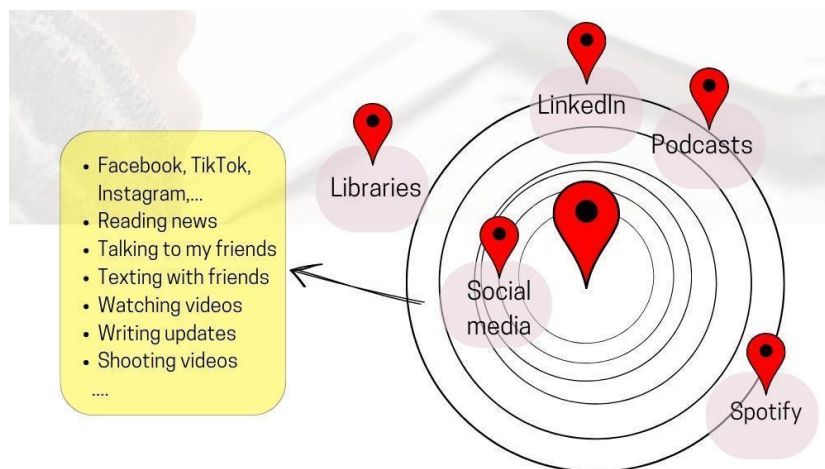| Activity Title	Mapping my Arenas
L2L dimensions	**Initiative & Ownership** - Understanding my learning limitations & possibilities - Taking responsibility for my own learning - Seeking input from others **Engaging & Management** - Select & seek out resources available to me
Activity summary	What are my opportunities to learn? Where can my learning take place and with whom? This tool will help you scan your immediate surroundings and highlight what are your learning opportunities, where do you spend your time, and with whom? Are those supportive of my learning?

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Activity tool

You are mapping:

- **Interaction** (online, in-person)
- **Activities** (on your own, with others)
- **Places** (online, the physical world), where can the activity takes place

Following there are some examples of Map of Arenas

MY MAP

Friend house

My family

University

Study room

Bakery

Farmacy

Bus station

Work

Post office

Grocery shop

Gym

Home

Coffee place

Restaurant

LinkedIn

Podcasts

Libraries

- Facebook, TikTok, Instagram,...
- Reading news
- Talking to my friends
- Texting with friends
- Watching videos
- Writing updates
- Shooting videos
....

Social media

Spotify

This activity helps you acknowledge all the virtual and real places you spend your time and encourages you to realize what language learning activities you can integrate into your daily life and how.

1. step

The first step is to create a map of your real location. Map your week. Make it visual. You can connect it with your virtual space or you can make another map.

2. step

Write your interactions and activities connected to the place (the closer to the center the more frequent/ closer interaction). Use the *networking diagram*.

3. step

Choose a Challenge Card that can be integrated into your daily life. Think about how to integrate challenge cards into your daily life. Choose the right one according to the language area you want to improve, your daily activities, and your locations. Will it be done in the Wild? On the Web? or perhaps you will do it On your Own? CHeck out the list of learning Arenas, where you can get inspiration.

4. step

Think about other possibilities (arenas & networks) where you can extend your learning.

Your map illustrates your current daily life. The listed questions below will give you some insight as to what you might like to change in your network and to whom you can go for help or support.

1. Look at your map. What is your immediate impression of it?
2. What is your impression of the balance: the number of people, the time you spend around them? Lack of people compared to the amount of time you spend there? Think about the opportunities you already took and about those you could.
3. Are there some people that you would like to get closer to or get to know better? Are there some places you would like to spend more/ less time? Could you add/reduce some places, and encourage some interactions?
4. Are there people, places, and interactions on your map that are not supportive of your learning? Could you reduce them? If so, how?
5. Which actions will you need to take now in order to get closer to some relations that can support you in your project or future goals?
6. Are you missing some people or opportunities in your map that can help you achieve your learning goals? Which actions will you need to take in order to add these to your map?

EXAMPLES OF LEARNING ARENAS	IN THE WILD interactions with other people in the physical world	ON THE WEB interactions with other people in the digital world	ON MY OWN no interaction with others required
Antique shop	x		
Audiobooks			x
Bars	x		
Bookclub	x		
Bus stop	x		
Books		x	x

Debate club	x		
Job interview	x		
Coffee places	x		x
Cultural events	x		
Diary			x
Email		x	
Exhibition	x		
Facebook		x	
Family	x		
Forums	x		
Grocery shop	x		
Gym	x		
Home	x		x
Chat rooms		x	
Language apps			x
Libraries	x		x
LinkedIn		x	x
Maps/Google maps			x
Neighbours	x		
Netflix			x
News			x
Notebook			x
On the street	x		x
Online database		x	
Party	x		
Restaurants	x		x
Shopping	x		
Theatre			x
Transports	x		x
Infoline	x		
Lecture	x		
Twitter		x	x
University	x		x

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Workplace	x		
YouTube		x	x