



Technical sheet for mentors



11. MIND MAP

Phase	Dimension	Duration mins	Number of participants (min/max)
Mentorvention Circles	Initiative & Ownership	45	1-5
Learning-2-Learn elements	<ul style="list-style-type: none"> - Taking responsibility for learning - Finding driving questions 		
Tags	Awareness, mind map		

The aim of the activity

A mind map is a good way to express the complexity of integrating into society, learning the language and achieving upskilling dreams by drawing on their situation, ideas, and skills.

Preparation

Each mentee will need a sheet of paper and a pen (multicolored pens/pencils are very helpful).
Follow the instructions in the application section.





Application


The mentee will be guided through the activity by the mentor. Use the guiding questions to help the mentee develop their mind map;

1. Ask them to write their upskilling goal in the center of the page (drawing a image also helps);
2. Ask them to draw branches that radiate out from the center;
3. On each branch, ask them to write one key idea/word that plays a pivotal role in achieving their goal. For example, problems, support, opportunities etc. (it is better if they can be marked with different colors!);
4. Ask your mentees to add descriptions and explanations for the key ideas/words, or draw more branches.

It is important to consider all aspects when creating a mind map as it helps to envisage the whole picture, so ask your mentees to be descriptive where possible and get all their thoughts/feelings on the same piece of paper.

Some tips to help the mentees are:

- Use keywords.
- Start from the center of the page and work around it.
- Make the center a clear and strong visual image that depicts the general theme of the map, then proceed to create sub-centres for subthemes.
- Use color to depict themes, associations and to make things stand out.
- Use arrows, icons, or other visual aids to portray links between different elements.
- Don't get stuck in one area. Go to another branch when you are out of ideas.
- Put ideas down as they occur and wherever they fit. No judgment, no holding back.

	Learn more
Direct link to the activity handout on the learning platform	
https://upsim.aidlearn.eu/en/	<p>To know more, please refer to 'The Mind Map Book: Unlock your creativity, boost your memory, change your life' by Tony Buzan and Barry Buzan (1993);</p> <p>For visual resources on mind maps, you can also watch the YouTube link below: https://www.youtube.com/watch?v=u5Y4plsXTV0</p>

