



## Technical sheet for mentors



### 12. "DREAM" JOB VS. "NEVER-IN-MY-LIFE" JOB

Mentorvention Phase	Dimension	Duration (mins)	Number of participants (min/max)
Mentorvention circles	Self-awareness Goal Setting & Planning	20	2-5
Learning-2-Learn elements	<ul style="list-style-type: none"> <li>- Evaluating own aspirations</li> <li>- Locating own interests</li> <li>- Developing long term goals</li> </ul>		
Tags	Dreams, awareness, aspirations, future, skills		

#### The aim of the activity

The goal is for the mentees to think about their dream for the future. For this exercise, mentees can dream big. There are no obstacles that might stand in the way of achieving their goal. At the same time, they will also think about what kind of job they would not want to do or will not be able to do in the future. Mentees often have a narrow or unrealistic view of their skills. This tool may help them broaden their view on what goal is reachable and make them conscious of their situation. The tool is often an eye-opener for mentees and a fun exercise to get to know each other better.





### Preparation

Follow the instructions in the application section.

### Application

1. The mentees' task is to figure out which her dream job would be without any obstacles e.g. education, economy.
2. Then learners should think about what job they "would never in their life do" or what they are not able to do.
3. Then let them share their dream jobs and never-in-their-life job in pairs or in small groups.

To foment discussion, you may follow these questions:

- What is it in the type of job that makes it a "dream job"/ "never-in-my-life" job?
- What kind of skills does the job require/ how do my own skills meet these requirements?
- Is it possible to get the "dream job"/ what would it take for you to be able to get it? If not possible, which job would be similar?
- Why doesn't the "never-in-my-life" job fit me?
- Compare the "dream job" and the "never-in-my-life" job. Are there similarities when it comes to skills and job type?



Direct link to the activity handout on the learning platform

<https://upsim.aidlearn.eu/en/>

