

Technical sheet for mentors



10. DIFFERENT PERSPECTIVES

Phase	Dimension	Duration mins	Number of participants (min/max)
Mentorvention Circles	Self-awareness	5-10	1-5
Learning-2-Learn elements	<ul style="list-style-type: none"> - Understanding own motivation - Evaluating own aspirations 		
Tags	Perspective, ambiguous illusions		

The aim of the activity

This short and simple warm-up activity focus on motivating the mentees to reflect upon how different perspectives affect how we read reality

Based on these reflections, the mentees should understand and own the active role they are able to play in the learning process.

Preparation

Print the activity tool; **Different Perspectives**.
Follow the instructions in the application section.



Application

By completing this activity, the mentee will gain some clarity on how perspective can affect reality, to an extent.

To mentor: Use the guiding questions to help the mentee formulate a plan;

1. Present the image Young/Old Woman to the mentees and ask them what they see
2. Explain how the illusion works (the instructions can be found in the activity tool)
3. Use this opportunity to encourage reflection and discussion about how different perspectives affect how we read reality and the active role we are able to play in the learning process.
4. Show other examples if they are interested



Direct link to the activity handout on the learning platform

<https://upsim.aidlearn.eu/en/>





Activity tool

1. Look at this image. What do you see?



2. a) If you see the young woman: look at the young woman's chin and think of it as a large nose, and look at the young woman's ear and think of it as an eye.
b) If you see the old woman: look at the old woman's nose, and think of it as the left cheek of a face looking away from you, and look at the old woman's eye and think of it as an ear on a face looking away from you

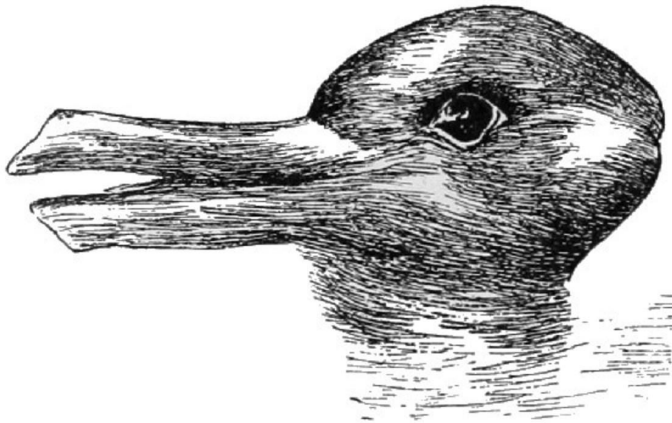




The Young Woman, Old Woman Ambiguous Figure belongs in a large class of illusions where figures or objects can be seen in two or more sharply distinct ways.

Other illusions:

Duck-Rabbit



Rubin's Vase

